

Research on Literature and Aesthetic Education in College English Teaching

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Abstract: English is the most popular language in the world language system. As the carrier and crystallization of culture, language is the bridge and link connecting Chinese and foreign cultural exchanges. The penetration of literary education and aesthetic education in college English teaching can comprehensively enhance students. Language literacy and enrichment of students' language accumulation, and to a certain extent, can enhance the students' language and culture awareness, which is beneficial to students' diverse growth and development. This paper takes the application value of literature and aesthetic education in college English education as the starting point, and on the basis of it, the current domestic colleges and universities face defects and deficiencies in the process of English literature and aesthetic education, and improve the overall effect of English teaching through the penetration of literature and aesthetic content, and the integration of college English and literary aesthetic education is effectively promoted.

1. The value of literature and aesthetic education in college English teaching

1.1. Literary aesthetics is an important part of college English aesthetic education

Everyone has his own unique soul, and from literature and aesthetics to open the inner key, can produce a good purification effect, some thinkers or educators have a strong interest and hobby for literature and art, whether in life or There are high aesthetic requirements in the research, and this kind of aesthetic consciousness exists in the process of the development of objective things. In addition to its warning significance, it also contributes to the overall improvement of the interest and realm of life. If the literature and aesthetic education in college English teaching is seriously lost, it will not form an effective training for students' appreciation, creativity and evaluation ability, which will become a major loophole in English education. For the aesthetic education in college English, cultivating students' appreciation in aesthetics is their main teaching goal. Among them, aesthetic ability and appreciation are mainly the ability to recognize and evaluate beauty.

From the perspective of the cultivation of human soul and cultivation, literature and aesthetic education are the basic components of college English aesthetic education. It is an important promoter of promoting college English teaching with the times. Its main functions include the following:

(1) It is conducive to the reform and innovation of the traditional education teaching model, and abandons the basic skills of students in previous teaching activities, such as listening, speaking,

reading, writing, translating and other training modes and training content, through "perception" and "rational" the transformation between the two gives students the confidence and ability to understand and accept the English language, and then jumps out of the "rational" limit to return to "true nature";

(2) It is conducive to educating and edifying students on the basis of beauty, comprehensively understanding and mastering the basic knowledge related to the United States, knowing the beauty of experience, and excavating and creating all beautiful things in the process of learning English, and spreading in a beautiful attitude translates into a conscious action;

(3) It is conducive to the comprehensive implementation of aesthetic education and quality education. Based on the horizontal development of two different educations, it guides students to carry out the active construction of lofty aesthetic ideals, promotes healthy, positive and upward aesthetic tastes, and ultimately relies on a variety of aesthetic activities edify students' sentiments and improve their personality.

1.2. Literature and aesthetic education are one of the basic qualities of compound foreign language talents

In the long history of China's 5,000 years, literary and aesthetic education is one of the fundamental forces of the ancient Chinese culture. From the perspective of the nature of education, literary and aesthetic education and college English education are accompanied by each other. It is the foundation for the country to contact the world and firmly follow the open path. It is also the source of power for the Chinese nation's traditional aesthetics to "go global." As a new generation of Chinese national culture, college English majors shoulder the important responsibility of promoting and spreading Chinese traditional culture and accelerating the integration of foreign cultures, and both the national and national literature and aesthetic education have implications for the abyss.

In recent years, the colleges and universities are committed to the cultivation of characteristic compound talents, redefining and exerting the practical significance and value of literature and aesthetics. However, it is necessary to combine with the current level of education and teaching in China, and to carry out relevant education work in a targeted manner. Different from the instrumental training of other disciplines, English education focuses on cultivating students' basic qualities. Therefore, the stable development of China's economy and society in the new normal background is inseparable from the cultivation of compound foreign language talents. For the quality of English talents in the new century, the following are mainly included:

(1) Focusing and planning to train some basic abilities in English learning, such as listening, speaking, reading, writing, translating, etc., especially English writing ability and verbal ability;

(2) Students need to have a good Chinese foundation, and Chinese writing skills should also have a high level;

(3) It has a rich system of linguistic knowledge and cultural knowledge and has a good overall quality;

(4) Master the core literacy of basic theories such as psychology, philosophy, ethics, linguistics, aesthetics, logic, and literature;

(5) Have certain innovation and creativity.

1.3. Literature and aesthetic education are important components in teaching reform, curriculum construction and training objectives.

Beauty is a kind of embodiment that replaces the essential power of human beings with perceptual form. It is a kind of thing that integrates social phenomena and social practice. Sociality,

infectivity, novelty and imagery are the distinctive features of all beautiful things. The aesthetics of literature in modern social life has become an inevitable trend. This change is also reflected in the teaching and learning of English, not only for efficient teaching reform, The curriculum construction and training objectives are supervised, and the effective combination of aesthetic theory and teaching practice is accelerated. However, from the current situation of college English education in China, the introduction rate of literature in curriculum setting and teaching content is not high, and the pattern of “emphasis on linguistics and light literature aesthetics” has been formed, and the school is serious to some extent. Research and progress in various academic activities. Schools should focus on the present and make effective predictions on the future development trend of English education and teaching. It is necessary to promote the literary aesthetics and linguistics to complement each other, and to clarify the status and importance of literary aesthetic education in scientific research and teaching, and help students in the curriculum. In the construction aspect, we should use the knowledge we have learned, discover and discover the truth, goodness and beauty hidden in every corner of the world, correctly guide our own thoughts and self-behavior, and establish a correct aesthetics based on health.

2. The status quo of literature and aesthetic education in college English teaching

2.1. Lack of aesthetic attitude

The establishment and formation of students' aesthetic attitudes are closely related to their own aesthetic consciousness from a certain perspective. After field research and development, many current college students' evaluation of their own aesthetic attitudes, from a low level, agrees with the lack of aesthetic attitude, also explains from another perspective the students' disdain for literature and aesthetics, and It is generally believed that the integration of literary and aesthetic education into college English learning has no significant improvement in both learning and life. At the same time, due to the long-term lack of aesthetic attitudes, students such as aesthetic activities and aesthetic objects have always maintained a negative, passive and negative attitude.

2.2. Lack of aesthetic appreciation

According to the survey, nearly 50% of contemporary college students have aesthetic consciousness, but the establishment of consciousness does not represent the ability of aesthetic appreciation. In other words, at present, there is still a lack of understanding and evaluation of Chinese college students in the United States. The definition of aesthetic appreciation in "Ci Hai" is a systematic collection of various abilities. The imagination, creativity, judgment and aesthetic sensibility are all covered by it, and the subjective hobby method is not used to understand the object. Creation and evaluation are the effective unity of understanding and creation, sensibility and rationality. The lack of students' aesthetic appreciation ability also reflects their shortcomings and shortcomings in daily learning, thinking ability, practical experience and artistic literacy. It is necessary to further enhance the creative ability and appreciation ability of art.

2.3. Lack of aesthetic enjoyment

The so-called aesthetic enjoyment, also known as "beauty enjoyment", is mainly about a feeling, the formation of this feeling stems from the process of appreciation and creation of beauty. Aesthetic enjoyment is the ultimate destination of aesthetics and beauty creation. The emphasis is concentrated on two aspects. On the one hand, the material used in college English teaching needs to ensure the aesthetic enjoyment of students; on the other hand, it is divided into rational and

sensible on the aesthetic subject. Through the appreciation and taste of the works of the United States, the enlightenment and edification of the spirit and soul of the students are formed, and then the aesthetic purpose is fundamentally achieved. At present, more than half of the students believe that their aesthetic enjoyment is seriously lacking in the process of learning. This view is mainly caused by students' inability to identify with the United States and does not have a strong and full appreciation of the beauty of happiness and satisfaction.

3. The implementation strategy of literary aesthetics in college English teaching

3.1. The invisible fusion

Confucius once mentioned the three major warnings of doing things and learning: "Those who know are not as good as those who are good, those who are good are not as good as those who are happy." This argument is also applicable to college English teaching. As a "teacher", teachers use guiding methods or inspiring methods for student education, and students are prone to a "learning to learn" mentality. For example, teachers can recommend extracurricular readings related to literary aesthetics in English classrooms, as a channel for students to broaden their horizons after school hours, and to check students' readings after reading for a period of time, thus helping students to establish correct literary awareness and Aesthetic awareness, improve students' ability to learn independently. The whole process is gradual and gradual, avoiding eagerness for success, and as Han Yu said, "teachers, so evangelism is also confusing." Among them, "Tao" is a process of completion, an art and no line. Teachers can start from their own perspective, constantly enhance their own educational skills and professionalism, and carry out correct demonstration and guidance for students, so that students can experience the rhythm of beauty.

3.2. Optimizing the teaching content to highlight the beauty

The creation and appreciation of beauty is a profound and intense need, but it does not mean that the formation of aesthetic sense is a spontaneous content, and it is necessary to use clear goals as a precondition to carry out the task of cultivating students' emotions. At the current stage, most of the domestic colleges and universities use English textbooks, which is the syllabus required by the state. The entire syllabus covers all aspects of politics, economy, life, culture, etc., and there are many classic chapters and ideological realms. The beauty, the novelty of the subject matter, the beauty of the characters, the moral beauty of the character, and the beauty of the language, the above-mentioned subjects cover a large number of materials related to the United States. It is an important reference and research content for teachers in the preparation stage, in addition to emphasizing the knowledge of language. In addition to imparting teaching, the content of literature and aesthetic education should be further explored. Through the effective combination of the characteristics of the teaching materials, the characteristics of students and the actual learning situation, the combination of literature and aesthetic education and English teaching content is established. Promote the overall improvement of students' literary cultivation and aesthetic cultivation.

3.3. Combining the "interest" to shape the artistic function of sublimation literature review

At present, there are not a few texts containing beauty in the syllabus used in college English teaching in China. Through in-depth exploration of beauty, teachers can experience the taste of English teaching and learning, and infiltrate this feeling in student literature and aesthetic education. For example, "Choose to be A lone on Purpose" is mentioned in the content of a unit in "New Horizon College English", and with a lot of typical examples of typical characters, how to describe

"how elegant and comfortable" is, when you are alone, your character and quality are magnified, and when you are alone, you are easily inspired by what makes people and philosophers most useful. In the process of teaching the article, in addition to the introduction of the background knowledge of the literary writers, the teacher can propose the solitude to the students, so that the students can truly feel the people, things and the natural environment in the process of being alone. Recognition and discovery. Another example is the "Geniuses and Better Parenting" knowledge. Teachers can use the life experience of Picasso and Einstein as a way to explain the case and explain the relationship between "family" and "education" to students, improve the interests of English class. Teachers can use the clean and violent design of two different family environments to make students more intuitively compare and analyze the children who have grown up in the two environments and enhance their aesthetics of the text. For the sublimation of a person's spiritual alert, literature and aesthetic education have very special significance. The main purpose of literature and aesthetic education is to promote the comprehensiveness of students' development, to achieve the educational effect of "being the truth of the United States", and to promote individual harmony and stability. The development of the modern composite foreign language talents. The high degree of conformity between literature and aesthetic education and the overall goal of university education is also a good embodiment of its own value.

3.4. Combining intellectual education and infiltrating the aesthetic education thought of literature

Different from other disciplines, the types of styles involved in college English are relatively rich. Beauty, ugliness, humor, nobleness, grotesqueness, elegance, etc. are the basic concepts contained in these texts, and are closely related to various aesthetic values and aesthetic attributes. As the guide and executor of English language teaching, teachers should effectively guide the use of students' aesthetic factors. For example, in the article "How to Make a Good Impression", it explains and discusses "how to make a good impression on others with elegance and beauty, and carries out a systematic introduction to the four methods. First, "You are the information"; second, "be good at using your own eyes"; third, "keep in good shape"; fourth, "learn humor." Teachers can effectively inspire students' imagination and creativity through various excellent videos in the English class, and discuss and practice on the basis of video. For another example, "The Challenging Friend I Didn't Know" wrote "I" in the first person style and John Bree, the unfamiliar rival friend, has achieved remarkable results in writing and science. It turned out to benefit from friendship. Power and competition awareness. At the end of the class, class activities are carried out with the theme of "friendship". In the form of small composition, students can tell their own friendship stories and discuss the true meaning of friendship. For the theme of "competition", teachers can group students in groups. Divided into groups of 3 to 5 people, in-depth discussion on "competition issues in English learning" and "the impact of competition on English learning".

4. Conclusion

In summary, English is a basic subject in quality education in China. The development of English in higher education is very comprehensive, aesthetic and artistic, while literature and aesthetics concentrate on two important qualities (artistic and comprehensive), from the current actual situation, college students' understanding of literature and aesthetic education in college English teaching is gradually becoming more comprehensive, but their own literary and aesthetic literacy level are still relatively low, and the source of problems in the actual learning process constantly come out. Therefore, in English teaching, teachers should take the students' perspective and take the students' literature and aesthetics as the starting point. Through the formulation and

implementation of a number of measures, students should guide students to sort out the comprehensive literary aesthetic consciousness and timely the aesthetic attitude of students' literature. Correction will promote the comprehensive improvement of the literary aesthetic appreciation ability, improve the overall English quality of students, and promote the harmonious development of colleges and universities.

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